



gardenary's

4 THINGS YOU NEED TO GROW YOUR OWN SALAD



1

A natural container with 6" depth and good drainage

2

The right mix of soil, clay, compost, and sand

3

A source that will provide consistent water to the roots of the plants

4

High quality lettuce seed from heirloom or non-GMO companies

1

Use a container that's free of any chemicals that might leach into your garden's soil. Also, be sure the container allows water to drain quickly so that your lettuce plants don't turn soggy.



2

Soil is **THE** most important element in the salad garden. But most of us don't have great soil in our backyard. So, you've got to mix your own. The ideal

mix is:

40% silt

40% sand

20% clay

Be sure to add in compost too.



3

Lettuce is over 80% water. So, be sure to give your salad plants a steady supply. Get water to the roots rather than the leaves and be sure that the plants don't dry out.



4

Salad greens are easy to start from seed. But the quality of these tiny seeds makes a HUGE difference. Select seeds from heirloom, organic, and non-GMO companies. If you can find seed companies that grow responsibly near you, even better!



5

Wait...didn't I say you just needed 4 things?

Well, most of us need a little something more than just supplies.

There's a reason that 'PLANT KILLER' is a thing, right?

A little encouragement and step by step coaching is the one thing you might be missing.



Introducing

SALAD SCHOOL

Because of this, I've created SALAD SCHOOL.

SALAD SCHOOL is a 4-part online course through which I teach you ALL THE THINGS about growing your own salad.

Soooo, don't buy your salad garden supplies just yet. With just a few supplies and some coaching, I know you'll make the grade as a salad garden pro.

Learn more by watching my free online workshop at this link.